

# John Ebuna

## USA Swimming



Multiple Age Group State Champion

6 time Colorado High School State Champion '73-'75

High School All-American - 1975 in 50, 100, 200 yard freestyle

17 time NCAA All-American '76-'79

National champ 400 Free Relay - 1977, 1978

NCAA Team Championship - 1978

SEC 100 yard butterfly champion - 1979

Member of Tennessee's "Flying Foursome"

American record 200 yard Free Relay - 1979

American record 400 yard free relay - 1979

American record 400 meter free relay - 1976

World University Games - 1977 - champion - 100 Free, 400 Free  
Relay, 800 Free Relay, 400 Medley Relay

Second fastest 100 meter free time in the world in 1978, US vs Canada

Colorado Girls High School Coach of the year, 1985